Summer Trekking Program

Shadow Lake

TREKKING BOX CLUE

As you follow the loop around the lake, you will eventually come to a dam. Can you find a trail that runs along the water that feeds out from the dam? You might spy a Trek Box nestled between a clump of four tall trees. When you find the Trekking Box- don't forget to sign the log and stamp your journal.

“What is a trekking box?”

Trekking boxes are small boxes that can be found along select trails within the Summer Trekking Program. To find the box, follow the clue given above. Use the stamp in the box on your summer trekking journal and add your name to the log to prove you have found the box. Collect them all!

Thank you to our co-sponsors!
ACCESS/PARKING:
- Shadow Lake Road in the parking area for the baseball field. [GPS Address: 175 Shadow Lake Road]

DIFFICULTY: Moderate with some small stream crossings. 45 minutes.

FEATURES: The trail starts at the baseball field and follows an old road to the lake. Continuing south around the pond, the trail crosses an earthen dam. Beyond the dam, the trail follows old deer tracks through an evergreen forest around the lake and crosses a couple of small seasonal streams feeding the lake.

Returning to the north, the trail follows the inlet stream out to Shadow Lake Road. Walk 100 yards west on the road to return to the parking lot. A brook crossing has been provided to avoid the road walk.

FISHING: Permitted under the regulations of the State of Connecticut Board of Fisheries and Game.

HISTORY: Shadow Lake was part of a larger parcel of land purchased by the town in 1996. The 188-acre "Friedman" parcel was developed, and the Town kept the 57-acre parcel known as Shadow Lake for "future development." In 2002, the Board of Selectmen voted to around 5 acres of property on the lake to develop for recreational purposes including a Little League field; the remainder of the property has become open space.