



Summer Trekking Program

Kiah's Brook

Try to identify the white pine trees seen on this trail. For reference, see the image below.



Walk across the bridge over the brook

Follow the path to Scotland Elementary School and visit the playground after your trek!



Thank you to our co-sponsors!



KIAH'S BROOK REFUGE/ TITICUS PRESERVE

OS 17

54 acres

ACCESS/PARKING:

- Barlow Mountain Road, northeast of the Barlow Mountain School. [GPS Address: 100 Barlow Mountain Road]
- Other trail entrances on the west side of Scotland and Barlow Mountain School parking lots may be accessed when school is not in session.

DIFFICULTY: Easy. 1 hour.

FEATURES: Kiah's Brook Refuge and Titicus Preserve are a collection of land parcels dedicated to the protection of the Titicus River and its river habitat. A network of trails leads through the wetlands and forested uplands:

- The Yellow trail, which is the main trail, follows the banks of the Titicus River with views of a swamp and brook. The northeast section of this trail is sometimes wet or icy; if so, head directly south towards the schools.
- An inner Red trail stays closer to the playing fields and buildings while the Blue trails connect the inner and outer rings.



Kiah's Brook Refuge (north of Barlow Mountain School) is a mixed evergreen forest that includes a larch grove in the northeast section. Spring wildflowers, ferns, and mosses are plentiful.

CROSS-COUNTRY SKIING: The Red trail may be used for this activity.

HISTORY: The refuge gets its name from eighteenth-century inhabitant Hezikiah Scott, a weaver who operated a whiskey and cider distillery and a saw mill. The 12-acre refuge was given to the town by Evelyn Pierrepont Luquer in 1963-64. The remaining 42 acres dedicated to conservation and

recreation was purchased by the Town with a grant-in-aid from the Connecticut Land and Water Conservation Fund.

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