Summer Trekking Program

Sarah Bishop

TREKKING BOX CLUE

Walk on the elevated trail until you can make a right on the yellow trail into the woods. Continue left at the yellow trail split and make your first right on to the red trail. As you come to the stone wall, take a peek into the spaces in the rocks. Watch out for chipmunks, snakes, and salamanders! You will find your Trekking Box there. Don't forget to sign the log and stamp your journal.

“What is a trekking box?”

Trekking boxes are small boxes that can be found along select trails within the Summer Trekking Program. To find the box, follow the clue given above. Use the stamp in the box on your summer trekking journal and add your name to the log to prove you have found the box. Collect them all!

Thank you to our co-sponsors!
ACCESS/PARKING:
- Sarah Bishop Road (south side), 0.15 mile west of Twopence Road near No. 27 Sarah Bishop Road. A pedestrian easement is along grass on left side of driveway for 65 Sarah Bishop Road, parking at the cul-de-sac. [GPS Address: 28 Sarah Bishop Road]

DIFFICULTY: Easy, with some uphill grades. 30 minutes.

FEATURES: Sarah Bishop’s elevated trail and bridge provide a good wetlands platform for viewing amphibians and reptiles basking in Spring and Summer sun. Part of this trail follows a deserted railroad bed that was to be used as a rail line that would run from Golden’s Bridge to Danbury. The tracks were removed during World War I, so the steel could be used for the war effort, and the railroad plan was abandoned. The elevated walkway through the wetlands and the ridge trail are adjacent to private land. Be careful to follow the marked trails and stay on open space.

CROSS-COUNTRY SKIING: A short trail accommodates this activity.

HISTORY: Sarah Bishop came to Ridgefield during the last few years of the Revolutionary War after the British had burned down her father's home on Long Island. She chose to live sparsely as a hermit in a cave on West Mountain, occasionally visiting neighbors and attending church services. She usually dressed in rags and lived on vegetables, fruits, and nuts from her garden and the surrounding area. One evening in 1810, on the way back to her cave, Sarah fell and perished from the cold. This property was acquired through the Chestnut Hill subdivision.